

# “PRESS ON”

Philippians 3:12-16 - Pastor Mike Medeiros

## What is needed for us to press on?

1.

*Consider this:*

2.

*Consider this:*

3.

*Consider this:*

4.

*Consider this:*

## Take Home Truth

\_\_\_\_\_ *in your* \_\_\_\_\_  
*with Christ.*

### Today's Core Belief:

**Eternity:** *"I believe there is a heaven and a hell and that Jesus Christ is returning to judge the earth and to establish his eternal kingdom." (from John 14:1-4)*

**Today's Action:** 1. Set spiritual goals and share them with those who will encourage you in your progress.  
2. Complete today's Deeper Connection Study.



## Deeper Connection Study

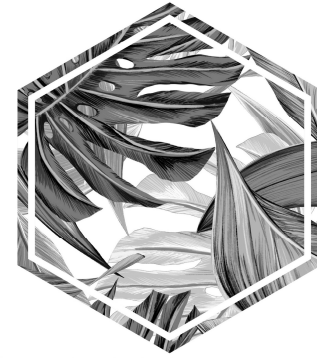
As Paul finishes his testimony on the surpassing worth of knowing Christ, he exhorts his readers to press on further in pursuing Christ. How do you pursue something you already have? Paul answers this by taking us further up and further in as he highlights the “upward call of God.”

*Today's Core Belief discussed: Eternity*

### Read Philippians 3:12-16

1. What does Paul mean when he says, “Not that I have already obtained all this” (v. 12)? To what is he referring (cf. v. 10)?
2. Why is “forgetting what is behind” an essential part of Paul’s progress as a disciple (v. 13; cf. vv. 5-11)?
3. How easy is it for people to be controlled or absorbed by their past? How has this happened to you? In what ways has it affected the way you live?
4. Why does Paul state he is “pressing on toward the goal” (v. 14)? Why is this athletic metaphor an apt description of the Christian life (cf. 1 Cor. 9:24; Phil. 2:16; Gal. 2:2; 5:7; Heb. 12:1-2)?
5. Why do you think there is such a discrepancy between the high calling of Christians and the way they actually live?
6. How are you growing in your relationship with Christ? How can you live up to the privilege of your calling?

**PRAYER TO THE POINT:** Praise God for providing us salvation through Jesus Christ. Ask God to help you forget what is behind so you can press on. Pray for God’s empowerment and encouragement as you make changes in your life for Jesus’ sake.



# life is good.

## Finding Joy in Tough Times

### GETTING JOY

1. Joy comes through divine partnerships. [Phil. 1:4-5](#)
2. Joy comes through loving without walls. [Phil. 1:9](#)
3. Joy comes through seeing problems as possibilities. [Phil. 1:18](#)
4. Joy comes through an assurance of a secure future. [Phil. 1:21](#)
5. Joy comes through a God-honoring conduct. [Phil. 1:27](#)
6. Joy comes through loving relationships. [Phil. 2:3-4](#)
7. Joy comes through humble attitudes. [Phil. 2:5-6](#)
8. Joy comes through discovering God’s plan. [Phil. 2:12-13](#)
9. Joy comes through godly friends. [Phil. 2:20-21](#)
10. Joy comes through following Christ’s lead. [Phil. 3:3](#)

